



The Mindfulness Academy for Addiction & Trauma Training

Scholar’s Final Evaluation

**Hours Breakdown for \*NON\* CSAT/CPTT MBATT Scholars:**

20 hours of total Consulting Supervision.

10 of the 20 hours must be individual.

5 of the 20 hours must be done in person, via Zoom, Skype or Facetime. 5-10 hours can be done via group.

**Note: All 20 hours can be done via individual as well.**

**Hours Breakdown for CSAT/CPTT MBATT Scholars:**

10 hours of total Consulting Supervision for CPTT/CSAT therapists.

5 of the 10 hours must be individual.

5 of the 10 hours can be done via group.

All 10 can be done individually if the MBATT scholar prefers.

There are no Facetime requirements for CPTT/CSAT therapists.

A minimum of \_\_\_\_\_ hours of supervision must be completed for each Scholar.

Scholar’s CSAT/CPTT Number: \_\_\_\_\_

Individual Consulting Hours: \_\_\_\_\_

Group Consulting Hours: \_\_\_\_\_

Facetime Consulting Hours: \_\_\_\_\_

1. Scholar has the ability to conceptualize and develop a mindfulness based addiction & trauma treatment plan in which they reference each of the 8 Domains of Recovery.

1 Strongly Disagree      2 Somewhat Disagree      3 Neither Agree nor Disagree      4 Somewhat Agree      5 Strongly Agree

2. The scholar is proficient in recognizing and describing the concept of mind state.

1 Strongly Disagree      2 Somewhat Disagree      3 Neither Agree nor Disagree      4 Somewhat Agree      5 Strongly Agree



3. The scholar is proficient in recognizing and describing the concept of mind story.

1                      2                      3                      4                      5  
*Strongly Disagree*    *Somewhat Disagree*    *Neither Agree nor Disagree*    *Somewhat Agree*    *Strongly Agree*

4. The scholar is proficient in recognizing and describing the concept of constructively compassionate interventions.

1                      2                      3                      4                      5  
*Strongly Disagree*    *Somewhat Disagree*    *Neither Agree nor Disagree*    *Somewhat Agree*    *Strongly Agree*

5. The scholar is proficient in recognizing and describing all 8 Domains of Recovery.

1                      2                      3                      4                      5  
*Strongly Disagree*    *Somewhat Disagree*    *Neither Agree nor Disagree*    *Somewhat Agree*    *Strongly Agree*

6. If *strongly disagree* was marked in any of the above questions, comment in this box:

7. The scholar has mastered utilizing mind state awareness in session with clients.

1                      2                      3                      4                      5  
*Strongly Disagree*    *Somewhat Disagree*    *Neither Agree nor Disagree*    *Somewhat Agree*    *Strongly Agree*

8. The scholar has mastered utilizing mind story awareness in session with clients.

1                      2                      3                      4                      5  
*Strongly Disagree*    *Somewhat Disagree*    *Neither Agree nor Disagree*    *Somewhat Agree*    *Strongly Agree*



9. The scholar has mastered utilizing the concept of constructively compassionate interventions in session with clients.

1                      2                      3                      4                      5  
*Strongly Disagree    Somewhat Disagree    Neither Agree nor Disagree    Somewhat Agree    Strongly Agree*

10. The scholar has mastered utilizing the 8 Domains of Recovery in session with clients.

1                      2                      3                      4                      5  
*Strongly Disagree    Somewhat Disagree    Neither Agree nor Disagree    Somewhat Agree    Strongly Agree*

11. The scholar has mastered the ability to incorporate a multicultural approach within the MBATT module related to gender, race, sexual orientation, age, radical identity, etc.

1                      2                      3                      4                      5  
*Strongly Disagree    Somewhat Disagree    Neither Agree nor Disagree    Somewhat Agree    Strongly Agree*

12. If *strongly disagree* was marked in any of the above questions, comment in this box:

### Professional or Personal Goals with the application of mindfulness in the 8 Domains of Recovery

13. Scholar met all goals listed in the initial assessment. Yes/No

If no, elaborate below:



14. Scholar demonstrates awareness of personal biases, mind stories and transference/countertransference issues. Scholar is able to identify their effects on treatment. Yes/No

If no, elaborate below:

15. The scholar demonstrates a professional behavior that aligns with the ethical standards of TMAATT. Yes/No

If no, elaborate below:

14. The scholar was on time for CS meetings, engaged, professionally with CS, and was open to feedback.

1	2	3	4	5
<i>Strongly Disagree</i>	<i>Somewhat Disagree</i>	<i>Neither Agree nor Disagree</i>	<i>Somewhat Agree</i>	<i>Strongly Agree</i>

16. Additional comments:



## Qualitative Notes

17. Identify at least one strength or unique competency of the scholar:

18. Areas which need improvement and/or further practice. Should this disqualify the candidate from certification at this time? What recommendations might you have to assist the scholar to improve this/these area(s), i.e. additional consultation supervision hours, additional classes, retaking certain modules of the MBATT certification classes, personal therapy, etc.?

17. I recommend this Scholar to TMAATT for MBATT-C or MBATT-CS certification. Yes/No. If no, please describe below:



Consulting Supervisor's Printed Name:	
Consulting Supervisor's Signature:	
Consulting Supervisor's MBATT Certification #:	
Date:	